

## THE PARENT HELPLINE

1-800-332-6378 or 316-263-KIDS

The Parent Helpline is a free, anonymous telephone counseling service. It's a voice on the other end of the line who can empathize with what you're going through. It's a trained person who will listen and help you with simple questions or complex situations. There's no question too small, or problem too big. The Helpline counselors are available 24 hours a day, seven days a week and can refer you to services anywhere in Kansas.

Call the Parent Helpline whenever you have a question or problem. Don't wait until "the next time." When you feel frustrated, upset, or confused someone at the Parent Helpline will listen and help. Our counselors are ready to help parents and youth in any crisis situation.

## WHO CALLS THE PARENT HELPLINE?

- · Parents with children of all ages
- Teens
- Relatives
- Caregivers
- Professional social workers and counselors
- · Anyone in crisis or in need of help or advice

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## WHO ANSWERS THE PARENT HELPLINE?

Staff members and trained volunteers of Kansas Children's Service League answer the Parent Helpline seven days a week, 24-hours a day, every day of the year. There is an option for the caller to choose either English- or Spanish-speaking counselors. Se habla Espanol.

The line is answered in Wichita, but Parent Helpline counselors have referral information regarding services throughout the state.

## HOW CAN YOU HELP?

If you are interested in volunteering for the Parent Helpline and live in the Wichita area, call the Kansas Children's Service League at (316) 942-4261 or write to:

> Kansas Children's Service League 1365 N. Custer P.O. Box 517 Wichita, KS 67201



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www.KCSL.org







